

Our Top 20 List

of Cool-Season Vegetable Crops to Grow IN YOUR YODERBILT GREENHOUSE

1

LETTUCE

Various lettuce varieties, such as butterhead, romaine, and leaf lettuce, thrive in cooler temperatures and can be continuously harvested from fall through early summer.

2

SPINACH

Spinach is a nutrient-rich leafy green that grows well in cool conditions. It's a great addition to salads, omelets, soups and smoothies.

3

KALE

Kale is a hardy green that can tolerate cold temperatures and provides a steady supply of nutritious leaves. It is perfect for salads, sandwiches, sautés and soups.

4

ARUGULA

This peppery salad green is fast-growing and perfect for snipping fresh leaves for salads and sandwiches.

5

RADISHES

Radishes are quick to mature and add a spicy crunch to salads. They are ideal for small spaces.

6

CARROTS

Carrots can be grown in containers and are a versatile root vegetable for soups, stews, and snacking.

7

BROCCOLI

Broccoli can thrive in a greenhouse, producing delicious heads in cooler weather.

8

CAULIFLOWER

Similar to broccoli, cauliflower can be grown in a greenhouse and enjoyed in various dishes.





9

SWISS CHARD

Swiss chard's colorful stems and tender leaves make it a great addition to salads or sautés.

10

SCALLIONS

These versatile green onions can be grown in containers and used to add flavor to a wide range of dishes.

11

CABBAGE

Cabbage varieties like Napa, Savoy, and red cabbage can be grown successfully in cooler conditions.

12

PEAS

Peas are a classic cool season crop with tender, sweet pods. They can be grown vertically to save space.

13

TURNIPS

Turnips are root vegetables that grow well in cooler climates and are used in various culinary dishes.

14

BEETS

Beets are another root vegetable that thrives in cool weather and can be roasted, boiled, or pickled.

15

MUSTARD GREENS

Mustard greens offer a peppery flavor and are great for salads or sautés.

16

BOK CHOY

This Asian green is perfect for stir-fries and grows well in cooler temperatures.

17

WINTER RADISHES

These radishes, like daikon or watermelon radishes, have a milder flavor and store well.

18

BRUSSELS SPROUTS

Brussels sprouts are a hearty crop that can be grown in a greenhouse and enjoyed roasted or sautéed.

19

PARSNIPS

Parsnips are sweet, nutty root vegetables that excel in cool weather and are excellent in soups and stews.

20

ENDIVE

Endive, with its crisp and slightly bitter leaves, is a great addition to salads and can be grown indoors.

Remember to provide the appropriate temperature and light conditions for each crop, as well as proper ventilation and temperature control to ensure optimal growth during the cooler months in your Yoderbilt greenhouse.

